



# MEMORY CAFÉ

## Please join us for a Virtual Memory Café

A place for persons with a mild cognitive impairment, early-stage Alzheimer's, or related dementia, and their care partners to socialize and have fun, all from the comfort of your home!

2<sup>nd</sup> Tuesday of each month  
1 pm – 2:30 pm

Registration is required. Please call Kimberly Bauer, Dementia Care Specialist for St. Croix County at 715-381-4411. Once registered, you will receive connection instructions.

Aging & Disability Resource Center of St. Croix County  
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### What is a Memory Café?

A Memory Café is a dementia-friendly event (either in-person or online) where you and your loved one can enjoy an outing in a safe and comfortable environment. Memory Cafés started in Europe and have spread around the world.

### How are Memory Cafés Valuable?

Memory Cafés allow those living with any form of dementia or cognitive decline to enjoy the company of those with things in common. No judgement. No awkward encounters.

### What are Memory Cafés Activities?

At Memory Cafés, participants benefit from a wide range of experiences. Enjoy reminiscing, painting, refreshments....you name it! Each Memory Café is different, but they all offer very appropriate activities for participants.

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